

Joint, Skin & Heart

Fulvic Acid has the ability to dissolve silica and convert it into a form easily used by the body. Silica is essential for the health of joints, skin, hair and nails and therefore, may help to reduce the onset of age-related conditions such as arthritis and wrinkles. Maintaining a good silica intake will also help protect our heart and circulatory system.

Rich in Oxygen

Fulvic acid is naturally rich in oxygen which means it can help boost our energy levels. All of our cells need oxygen to help break down our food and convert it into energy. Maintaining a high oxygen level will also be beneficial to athletes as it may help prevent lactic acid build up and reduce muscle aches and pains following exercise.

Bloating & Acid Reflux

Fulvic acid has been shown in scientific studies to stimulate the activity of enzymes. The human body is home to over 200 different enzymes and their efficient activity is vital. Poor enzyme activity may lead to lethargy, bloating and acid reflux after meals.

Don't Waste Your Vitamins

Fulvic acid naturally contains approx. 75 different trace minerals. Without a regular intake of trace minerals our vitamins, whether from our diet or supplements, simply will not work efficiently, which may lead to disease. Always check that your multivitamin also contains a trace mineral providing substance such as fulvic acid.

Immunity

Fulvic acid has the ability to maintain our bodies in a slightly alkaline state. If our bodies are acidic our immune system is impaired and we are susceptible to infections. Cancer cells also thrive in an acidic and oxygen deficient environment.

Muscle cramps

Fulvic acid is one the most powerful electrolytes known. Every single cell in our body depends on an electrical balance being maintained. If this balance is interrupted, the cell, and therefore our body, is susceptible to disease. Electrolyte deficiency can lead to muscle cramps and twitches.

Detox & Chronic Fatigue

As fulvic acid contains many different trace minerals, it has the ability to interact with our body and correct any mineral deficiencies that may be present. Along with this, it can also remove any toxic build up of heavy metals such as lead, aluminium and mercury. Heavy metal toxicity has been associated with Alzheimer's disease, dementia and chronic fatigue syndrome.

Energy

Fulvic acid can increase our energy levels in two ways. Firstly, it can provide oxygen to our cells which enables us to obtain energy from our food. Secondly it stimulates our digestive enzymes to aid our digestive tract to breakdown the food we eat. The most energy sapping activity we do each day is eating, which is why we feel tired a couple of hours after lunch.

Why Fulvic Acid?

You Are What You Absorb

The common phrase "You are what you eat" is not strictly true. It should be changed to "You are what you absorb". You can eat the healthiest diet in the world, but if the nutrients in the food are not absorbed, it is pointless. Fulvic acids ensure that all essential nutrients can reach the site in our body where they work, so supplementing a healthy diet with fulvic acids is an ideal combination.

THE MISSING LINK IN HUMAN NUTRITION